

VINAYAKA MISSION'S RESEARCH FOUNDATION, SALEM**B.P.E.S. DEGREE EXAMINATION – April 2019****First Semester****FOUNDATION AND HISTORY OF PHYSICAL EDUCATION**

Time: Three hours

Maximum: 75 marks

PART – A (10 x 2 = 20 marks)Answer any **TEN** questions. All questions carry equal marks.

1. Write down the Definition of Physical Education.
2. Define: Emotion.
3. Define: Vital capacity.
4. Write down the Sheldon's body types of classification.
5. Write down any two types of learning theory.
6. Define Learning curve.
7. Who was the father of modern Olympic Games?
8. Draw a Olympic emblem with continent names.
9. Write down the any two contributions of YMCA for physical education.
10. Expansion of RDS.
11. For which purpose Dhronacharya award for sports shall be awarded?
12. Expansion of SGFI?

PART – B (5 x 5 = 25 marks)Answer any **FIVE** questions. All questions carry equal marks.

13. Explain the physical training and physical culture.
14. Explain the athletic heart and muscle tone.
15. Explain the conditioned response theory of learning.
16. Write down the history of physical education in Athens.
17. Explain the kinds of learning.
18. Explain the objectives of SAI.
19. Explain the any two awards given for sports persons.
20. Enumerate the difference between male and female during adolescence period.

PART – C (3 x 10 = 30 marks)Answer any **THREE** questions. All questions carry equal marks.

21. Explain about objectives of physical education.
22. Write about kretchmer body types of classification.
23. Write in detail about laws of learning.
24. Explain about the history of physical education in sports.
25. Explain about various awards given for sports persons.